

# Manuscript Submission Checklist

Tick each item before pressing submit. Always follow the target journal's own instructions for authors first.

## Content and reporting

[illegible]

Suggested items: matches journal scope and article type · title/abstract within limits · word counts met · correct reporting guideline checklist completed (e.g. CONSORT, STROBE, PRISMA, CARE) · all numbers consistent between abstract, text and tables · every table and figure cited in text · references checked against sources, DOIs verified.

### **Ethics and declarations**

[illegible]

Suggested items: ethics approval/exemption statement · informed consent statement (including case reports) · trial/review registration ID · funding statement · conflicts of interest from every author (ICMJE form if required) · authorship contributions and agreement of all authors · data availability statement · AI-tool use disclosed as the journal requires.

**Files and system**

| ✓ | Item | Notes |
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Suggested items: cover letter · blinded main file if double-blind · figures at required resolution and format · supplementary files named · all authors' ORCID and emails entered · corresponding author confirmed.